MITIGATING CYBERSECURITY RISK IN TELEHEALTH SMART HOME INTEGRATION

Cybersecurity for the Healthcare Sector

Nakia Grayson Ronald Pulivarti National Cybersecurity Center of Excellence National Institute of Standards and Technology

Bronwyn Hodges Kevin Littlefield Julie Snyder Sue Wang Ryan Williams* The MITRE Corporation

*Former employee; all work for this publication done while at employer.

DRAFT

August 2021 hit_nccoe@nist.gov

National Institute of Standards and Technology U.S. Department of Commerce



- 1 The National Cybersecurity Center of Excellence (NCCoE), a part of the National Institute of Standards
- 2 and Technology (NIST), is a collaborative hub where industry organizations, government agencies, and
- 3 academic institutions work together to address businesses' most pressing cybersecurity challenges.
- 4 Through this collaboration, the NCCoE develops modular, adaptable example cybersecurity solutions
- 5 demonstrating how to apply standards and best practices by using commercially available technology.
- 6 To learn more about the NCCoE, visit <u>https://www.nccoe.nist.gov/</u>. To learn more about NIST, visit
- 7 <u>https://www.nist.gov/</u>.
- 8 This document describes how consumer-owned Internet of Things (IoT) devices may be used as part of a
- 9 telehealth solution. Patients may obtain smart home devices that are endpoints that are not managed
- 10 by a healthcare delivery organization (HDO). Smart home devices have internet access provided and
- 11 managed by the consumer. Vulnerabilities or threats targeting the smart home device or patient
- 12 network may affect a telehealth ecosystem when not appropriately managed. NCCoE cybersecurity
- experts will address this challenge through collaboration with members of the healthcare sector and
- 14 vendors of cybersecurity solutions. The resulting reference design will detail an approach that can be
- 15 used by HDOs.

16 ABSTRACT

- 17 This project's goal is to provide HDOs with practical solutions for securing an ecosystem that
- 18 incorporates consumer-owned smart home devices into an HDO-managed telehealth solution. This
- 19 project will result in a freely available NIST Cybersecurity Practice Guide.
- 20 While the healthcare landscape began telehealth adoption that parallels technology advancement over
- 21 recent years, 2020 acted as a catalyst for healthcare delivery organizations expanding patient
- 22 interaction and monitoring. Telehealth advances coincide with a proliferation of IoT devices, including
- 23 smart home speakers. This project will analyze how consumers use smart home devices as an interface
- 24 into the telehealth ecosystem. Smart home devices offer enhanced, multi-sensory user experiences that
- allow individuals to converse with technology naturally. While the user experience may be improved,
- 26 practitioners may find challenges associated with deploying mitigating controls that limit cybersecurity
- and privacy risk given that devices may use proprietary or purpose-built operating systems that do not
- 28 allow engineers to add protective software. Practices and guidance are available for safeguarding
- 29 computer systems. However, smart home devices use voice command and response, which differ from
- text- or graphic-based user interfaces. For example, common security approaches based on computer
 systems that depend on an individual's ability to provide usernames and passwords may not be
- 32 applicable.
- 33 The project team will apply the NIST Cybersecurity Framework, NIST Privacy Framework, and the NIST
- Risk Management Framework to identify threats and risks to the smart home integrated telehealth
- 35 ecosystem. The project will focus on three common scenarios that involve using smart home devices
- 36 interacting with clinical systems in a laboratory environment. The project team will develop a reference
- design and a detailed description of the practical steps needed to implement a secure solution based on
- 38 standards and best practices.

39 **Keywords**

- 40 application programming interface; API; application security; cybersecurity; data privacy; data privacy
- 41 and security risks; health delivery organization; HDO; Internet of Things; IoT; smart home; telehealth

42 **DISCLAIMER**

- 43 Certain commercial entities, equipment, products, or materials may be identified in this document in
- 44 order to describe an experimental procedure or concept adequately. Such identification is not intended
- 45 to imply recommendation or endorsement by NIST or NCCoE, nor is it intended to imply that the
- 46 entities, equipment, products, or materials are necessarily the best available for the purpose.

47 COMMENTS ON NCCOE DOCUMENTS

- 48 Organizations are encouraged to review all draft publications during public comment periods and
- provide feedback. All publications from NIST's National Cybersecurity Center of Excellence are available
 at https://www.nccoe.nist.gov/.
- 51 Comments on this publication may be submitted to <u>hit nccoe@nist.gov</u>
- 52 Public comment period: October 4, 2021

53

54 **TABLE OF CONTENTS**

55	1	Executive Summary4
56		Purpose4
57		Scope
58		Assumptions/Challenges
59		Background5
60	2	Scenarios5
61		Scenario 1: Patient Visitation Scheduling5
62		Scenario 2: Patient Prescription Refill
63		Scenario 3: Patient Regimen Check-In7
64	3	High-Level Architecture
65		Component List
66		Components for Patient Home Environment9
67		Cloud Service Provider Environment9
68		Healthcare Technology Integration Solution9
69		Components for HDO Environment9
70		Telehealth Ecosystem Actors10
71		Desired Requirements
72	4	Relevant Standards and Guidance11
73		General Cybersecurity and Risk Management11
74		Cybersecurity/Technology-Related Standards11
75		Other Relevant Regulations, Standards, and Guidance (Healthcare/Medical Devices)12
76	5	Security Control Map12
77	Ар	pendix A References
78	Ар	pendix B Acronyms and Abbreviations20

79 **1 EXECUTIVE SUMMARY**

80 Purpose

81 This document defines a National Cybersecurity Center of Excellence (NCCoE) project that will develop

82 guidance on smart home devices integrating with healthcare information systems. The project will

83 identify unique cybersecurity and privacy risks when patients may use IoT devices such as smart

84 speakers to interact with healthcare information systems.

85 Healthcare delivery organizations (HDOs) may offer patients the ability to be active participants in

- 86 managing their healthcare by providing interfacing systems such as patient portals, scheduling systems,
- 87 or other systems. HDO-managed systems may allow patients to use IoT devices to obtain test results,
- 88 schedule visitations, set reminders, or request prescription refills. While HDOs have implemented
- patient-facing systems for several years, the approach has been to implement user interfaces that are
 text- or graphically driven. That is, systems have assumed that the patient interacts with systems with
- 91 devices that have a keyboard-driven device for input and a visual display for output. Smart home device
- 92 user interfaces differ in that input and output may include vocal interactions. Smart home devices
- 93 augment a person's ability to retrieve and interact with information that extends beyond text or graphic
- 94 display. As a component in telehealth, smart home devices offer patients active engagement with
- 95 managing their own health.
- 96 This project will result in a practice guide that describes a reference architecture for smart home
- 97 integration with healthcare systems as part of a telehealth program. The project will evaluate
- 98 cybersecurity and privacy risks when patients use smart home devices to interact with clinical systems
- and identify measures that may mitigate risks in the patient home and the HDO.
- 100 **Scope**
- 101 This project's objective is to identify and mitigate cybersecurity and privacy risks based on patient use of
- smart home devices interfacing with patient information systems. While a key project focal point
- 103 provides guidance for safeguarding the use of smart home devices, safeguards will be limited to the use
- 104 of the devices, and will not address device manufacture, hardware, operating systems, or software
- 105 development techniques that may be used to enable clinical access functionality.
- 106 This project will apply established NIST guidance such as the Cybersecurity, Privacy, Risk Management
- 107 Frameworks to identify safeguards for smart home devices as well as HDO-managed systems. HDO-
- 108 managed systems includes patient and clinical information systems used for telehealth smart home
- 109 integration. The project will develop a reference architecture that describes common patterns for
- deployment and patient interaction with clinical systems. A proposed component list appears in this
- 111 document's High-Level Architecture section.

112 Assumptions/Challenges

- This project assumes that the patient smart home device only interacts with authorized networks. This implies that the smart home device authenticates to a manufacturer's trusted network. NCCoE has begun a separate project titled "Trusted Internet of Things Device Network-Layer Onboarding and Lifecycle Management". That project will provide guidance, assuring safeguards on communications between the smart home device and the manufacturer [1].
- Patients will use consumer-grade smart home devices such as smart speakers with audio input
 and output capability.
- Patients will provide broadband network connectivity between the smart home devices and clinical systems.

- Patient information systems may be hosted either at the HDO or a third-party with an
 established relationship with the HDO.
- Patients' use of a smart home integration with healthcare systems will be limited to information retrieval or update with clinical systems. Patients may interact with clinical systems to schedule visitations, obtain information regarding their healthcare history, and request prescription updates. This project does not address direct clinical care to the patient. Clinical practices that affect medical device settings, interactions involving remote patient monitoring devices [2] and managing implantable medical devices are out of scope.
- This project excludes biometric data capture. The project assumes the only data interface in the patient home is the smart home device.
- This project excludes clinician use of IoT devices for patient note documentation or HDO operations.
- This project assumes that the NIST Cybersecurity and Privacy Frameworks will be used to
 identify cybersecurity-related privacy events.

136 Background

- 137 The NCCoE recently published NIST SP 1800-30, Securing Telehealth Remote Patient Monitoring
- 138 *Ecosystem* as a foray into examining the healthcare community's interest and use of telehealth. While
- developing that practice guide, the NCCoE's research identified different ways or use cases by which
- telehealth concepts may be implemented. Consulting with its community of interest and engaging with
- academic partners, the NCCoE determined that each telehealth use case may have unique sets of
- security and privacy risks associated with it. Different telehealth use cases may require distinct practical
- 143 guidance to assure that technology usage includes appropriate cybersecurity and privacy safeguards.
- 144 The NCCoE anticipates that telehealth adoption and capabilities offered to patients and consumers will
- expand as technology rapidly evolves. The demand for telehealth capabilities continues to grow as
- stakeholders (e.g., patients; providers; payers; federal, state, and local governments) see the benefits
- 147 that telehealth brings to improving the quality of patient care and healthcare accessibility [1].
- 148 Telehealth has evolved alongside IoT. IoT adoption brings novel capabilities to consumers in their
- 149 homes. However, with those enhanced capabilities, IoT compels technology adopters to re-think how
- 150 they may need to secure their home environment and the networks with which their homes
- 151 interconnect [3]. The NCCoE identified an opportunity to develop guidance for smart home integration
- 152 with telehealth.

153 **2** Scenarios

- 154 This project will consider several scenarios where patients use smart home devices as an interface to
- 155 patient information systems. Three of the scenarios are described as patient visitation scheduling,
- 156 patient prescription refill, and patient regimen check-in. Each of these scenarios begins with the patient
- initiating an action that interacts with a patient information system using vocalized commands [4], [5],
- 158 [6].

159 Scenario 1: Patient Visitation Scheduling

- 160 Patient visitation scheduling will investigate when a patient vocalizes a desire to schedule a visitation
- 161 with their care provider. The smart home device may have coded functionality that recognizes the voice
- 162 command and triggers application logic. Application logic may open a networked session with a patient
- 163 information system. The patient information system provides the patient feedback advising of available
- 164 dates and times for a visitation. The application logic provides an audio response that allows the patient

- to select and book a time with a care provider. After the patient selects a date and time slot with verbal
- 166 commands, the application logic interfaces with a scheduling system. The interactions will occur over
- 167 the public internet.
- 168 Figure 2-1 displays a hypothetical interaction that allows patients to interact with the smart home
- 169 device to schedule an in-person visitation. The potential data flow considers that voice commands may
- 170 offer a user interface to an application hosted by a third-party platform. The application may query
- 171 calendar systems, provide feedback to the patient, and schedule the visitation in HDO systems. Results
- and feedback are delivered in audio on the patient's smart home device.
- 173 Figure 2-1 Patient Visitation Scheduling



174 Scenario 2: Patient Prescription Refill

- 175 Patient prescription refills occur when a patient vocalizes a desire to refill an existing prescription. The
- 176 smart home device applies coded functionality to receive the vocalized command and triggers
- application logic that establishes a network session with a patient information system. The patient
- 178 information system will identify the patient's prescriptions. The patient will identify the prescription
- they would like to have re-filled. The patient information system will have an interface for a clinician to
- 180 approve or reject a request. Confirmation includes approve/reject status and medications are relayed to
- 181 the patient. Results may be presented via audio.
- 182 Figure 2-2 describes a hypothetical scenario where a patient may use a smart home device to re-fill a
- 183 prescription. The potential data flow considers that voice commands may offer a user interface to an
- application hosted by a third-party platform. The application may interact with pharmacy systems to
- determine if a prescription may be re-filled and provides feedback to the patient, delivered as audio on
- 186 the patient's smart home device.

187 Figure 2-2 Patient Prescription Refill



188 Scenario 3: Patient Regimen Check-In

189 Patient regimen check-in assumes that a patient may have a prescribed regimen that requires regular 190 action and feedback provided by the patient. An example of the regimen may be monitoring for pain 191 levels. A patient vocalizes that they will respond to the regimen. The smart home device applies coded 192 functionality to receive the vocalized command and triggers application logic that establishes a network 193 session with a patient information system. The patient information system allows a clinician to provide a 194 regimen, e.g., a questionnaire. The patient information system accesses the regimen. Question 195 interrogation will be programmatic, with questions supplied to the patient via audio. Patient responses 196 are recorded by the system. The interactions will occur over the public internet.

197 Figure 2-3 describes a hypothetical scenario where a patient may participate in a prescribed regimen.

198 The regimen may include responding to questions that measure the patient's perceived pain levels on a

daily basis. Patients may initiate the daily regimen using voice commands on their smart home device.

200 An application may be launched that delivers a questionnaire as a series of audio questions. Patients

201 may respond to the questions using voice interaction. The application records the information to HDO-

- 202 operated clinical systems used to manage the patient's regimen.
- 203 Figure 2-3 Patient Regimen Check-In



204 **3 HIGH-LEVEL ARCHITECTURE**

205 Figure 3-1 describes high-level architecture posits for four domains where components operate to

enable telehealth smart home integration. The first domain is the patient home. A smart home device
 that has the ability to accept voice commands is required. The patient home will have Wi-Fi connectivity

- 208 that enables smart home devices to reach the public internet.
- 209 The second domain operates as a cloud service provider. The cloud service provider has a voice assistant
- 210 platform that receives voice input from smart home devices and uses natural language processing
- technology to use voice input as a user interface to application logic. Application logic may be hosted in
- a cloud platform. Application logic enables functionality that integrates with healthcare environments.
- 213 The third domain is a healthcare technology integration solution. The third domain may be required to
- 214 enable patient interaction with healthcare delivery organizations and patient information systems. A
- 215 healthcare technology integration solution may provide regulatory compliance controls and enable
- 216 patients to interact with clinical systems.
- 217 The fourth domain is the HDO. HDOs may host patient information and clinical systems, patient portals,
- electronic record systems, or other systems. These systems may allow patient interaction using a smarthome device.
- 220 There may exist application logic that does not require implementing the third domain. For example,
- application logic may exist that allows patients to query generic data stores that provide publicly
- available information. Examples of this may be medical databases that implement decision trees
- allowing the patient to understand symptoms associated with ailments, identifying the address of
- healthcare facilities, or receiving medical condition awareness that is not specific to the patient [7], [8],
- 225 [9], [10], [11].



226 Figure 3-1 High-Level Architecture

227 Component List

- 228 The NCCoE has a dedicated lab environment that includes the following features:
- network with machines using a directory service

230	•	virtualization servers
231	•	network switches
232	•	remote access solution with Wi-Fi and a virtual private network (VPN)
233 234	Collabo realize t	ration partners (participating vendors) may provide specialized components and capabilities to his solution, including, but are not limited to, those listed in the subsections below.
235	Compor	nents for Patient Home Environment
236 237	•	smart home devices – devices that have audio input and output capabilities. Devices should be enabled to accept vocalized commands that allow the user to access internet-hosted resources.
238 239	•	personal firewall – an application that controls network traffic to and from a computer, permitting or denying communications based on a security policy.
240 241	•	wireless access point router – a device that performs the functions of a router and includes the functions of a wireless access point.
242 243 244 245 246	•	internet router – a device that provides a demarcation point for broadband communications access (e.g. cable, digital subscriber line [DSL], wireless, long-term-evolution [LTE], 5G) and presents an Ethernet interface to allow internet access via the broadband infrastructure. The internet router may include wireless access point functionality or may allow for wireless access point routers to route network traffic through the internet router.
247	Cloud Se	ervice Provider Environment
248 249 250	•	voice assist platform – an environment that allows the cloud service provider and other organizations to develop applications that operate with smart home devices. The voice assist platform enables applications by providing a natural language processing feature.
251 252 253	•	cloud platform – a hosting environment where voice-enabled applications may be hosted and made available for patients to interact. Patients will enable telehealth applications to operate on their smart device.
254	Healthc	are Technology Integration Solution
255 256 257	•	telehealth integration applications – code and applications that enable patient-driven functionality to interface with clinical systems. Telehealth integration applications may provide application logic that meets prevailing regulatory compliance requirements.
258	Compor	nents for HDO Environment
259 260 261 262 263	•	electronic health record (EHR) system – a system that includes patient health history information. EHRs are authoritative systems that are central components in an HDO's healthcare technology portfolio. The EHR may interface with other clinical systems or may deploy clinical systems within the EHR system, implemented as modules that make up a comprehensive system for clinical care teams, administrative staff, and patients.
264 265 266 267	•	patient portal – a patient-facing application that allows the patient to retrieve their medical history information, schedule visitations, and request prescription refills. The system may be deployed either in the HDO or a cloud/third-party environment. The HDO would be responsible for system functions regardless of the deployment.
268 269 270 271	•	network access control – discovers and accurately identifies devices connected to wired networks, wireless networks, and VPNs and provides network access controls to ensure that only authorized individuals with authorized devices can access the systems and data that access policy permits.
272 273	•	network firewall – a network security device that monitors and controls incoming and outgoing network traffic, based on defined security rules.

277

- VPN a secure endpoint access solution that delivers secure remote access through virtual private networking.
- 276 Telehealth Ecosystem Actors
 - patients individuals accessing clinical resources from their home settings
- HDO clinicians physicians, nursing staff, and medical technicians in the HDO environment
- support/maintenance staff technical staff in the HDO facility who maintain the HDO-resident
 components and the HDO-managed components in the patient's home environment
- 281 Desired Requirements
- 282 The NCCoE applies two frameworks to identify potential cybersecurity and privacy outcomes for this
- project: the NIST Cybersecurity Framework and the NIST Privacy Framework. For this project, the NCCoE
 selects privacy-relevant outcomes based on the intersection of the two frameworks. Figure 3-2 depicts
- the overlap between the NIST Cybersecurity and Privacy Frameworks. Graphically, the diagram uses a
- red box that highlights the common concepts between the two Frameworks as explored in the scope of
- 287 this build.

297

288 Figure 3-2 Cybersecurity and Privacy Risk Relationship



- **IDENTIFY (ID)** These activities are foundational to developing an organizational understanding to
 manage risk.
- risk assessment includes the risk management strategy. Risk assessment is a fundamental
 component for HDOs and their solution partners.
- 293 <u>PROTECT (PR)</u> These activities support the ability to develop and implement appropriate safeguards
 294 based on risk.
- identity management, authentication, and access control this category includes user account
 management and remote access that:
 - o implements controls that limit clinical system access to authorized individuals only
- 298 o controls (and audits) user accounts
- 299 o controls (and audits) access by external users
- 300 o enforces least privilege for all (internal and external) users
- 301 o enforces least functionality

302 303	•	data security – this category includes data confidentiality, integrity, and availability assurance by:
304 305 306		 securing data-at-rest and data-in-transit. Communications between the smart home device and clinical systems should include data integrity and protections against unauthorized access.
307 308		 validating that cryptographic modules meet NIST Federal Information Processing Standards (FIPS) 140-2 are preferred.
309	DETEC	(DE) – These activities enable timely discovery of a cybersecurity event.
310 311 312	•	anomaly and event detection – this category ensures that the control environment establishes a baseline of expected behavior, monitors for unusual activity, and alerts appropriate individuals for event management.
313	4 Re	LEVANT STANDARDS AND GUIDANCE
314	Genera	Il Cybersecurity and Risk Management
315 316 317	•	International Organization for Standardization (ISO)/International Electrotechnical Commission (IEC) Standard 27001:2013, Information technology–Security techniques– Information security management systems–Requirements
318 319 320	•	NIST Cybersecurity Framework Version 1.1, "Framework for Improving Critical Infrastructure Cybersecurity," https://www.nist.gov/cyberframework/framework
321 322	•	NIST. NIST Privacy Framework Version 1.0: A Tool for Improving Privacy Through Enterprise Risk Management, <u>https://nvlpubs.nist.gov/nistpubs/CSWP/NIST.CSWP.01162020.pdf</u>
323 324	•	NIST Interagency/Internal Report 8062, An Introduction to Privacy Engineering and Risk Management in Federal Systems, <u>https://csrc.nist.gov/publications/detail/nistir/8062/final</u>
325 326	•	NIST Special Publication (SP) 800-30 Revision 1, <i>Guide for Conducting Risk Assessments,</i> <u>http://nvlpubs.nist.gov/nistpubs/Legacy/SP/nistspecialpublication800-30r1.pdf</u>
327 328 329	•	NIST SP 800-37 Revision 2, <i>Risk Management Framework for Information Systems and Organizations: A System Life Cycle Approach for Security and Privacy,</i> <u>https://csrc.nist.gov/publications/detail/sp/800-37/rev-2/final</u>
330 331 222	•	NIST SP 800-39, Managing Information Security Risk: Organization, Mission, and Information System View,
333 334	•	NIST SP 800-53 Revision 5, Security and Privacy Controls for Federal Information Systems and Organizations,
335		https://nvlpubs.nist.gov/nistpubs/SpecialPublications/NIST.SP.800-53r5.pdf
336	Cybers	ecurity/Technology-Related Standards
337 338	•	NIST Interagency/Internal Report 8228, Considerations for Managing Internet of Things (IOT) Cybersecurity and Privacy Risks, <u>https://nvlpubs.nist.gov/nistpubs/ir/2019/NIST.IR.8228.pdf</u>
339 340	•	NIST FIPS 140-2, Security Requirements for Cryptographic Modules, https://csrc.nist.gov/publications/detail/fips/140/2/final
341 342	•	NIST SP 800-41 Revision 1, <i>Guidelines on Firewalls and Firewall Policy,</i> http://nvlpubs.nist.gov/nistpubs/Legacy/SP/nistspecialpublication800-41r1.pdf

343	•	NIST SP 800-52 Revision 1, Guidelines for the Selection, Configuration, and Use of Transport
344 345		Layer Security (115) Implementations, http://pylpubs.pist.gov/pistpubs/SpecialPublications/NIST SP 800-52r1.pdf
240	-	NICE CD 200 E7 Dert 1 Devision E. Decommondation for Key Managements Part 1: Concerd
340 247	•	https://pulpubs.pist.gov/pictpubs/SpecialPublications/NIST_SP_800_57pt1r5.pdf
347		
348	•	NIST SP 800-77 Revision 1, Guide to IPsec VPNs,
349		
350	•	NIST SP 800-95, Guide to Secure Web Services,
221		
352	•	NIST SP 800-121 Revision 2, Guide to Bluetooth Security,
353		https://nvipubs.nist.gov/nistpubs/specialPublications/NIS1.SP.800-121r2.pdf
354	•	NIST SP 800-144, Guidelines on Security and Privacy in Public Cloud Computing,
355		http://nvipubs.nist.gov/nistpubs/Legacy/SP/nistspecialpublication800-144.pdf
356	•	NIST SP 800-146, Cloud Computing Synopsis and Recommendations,
357		http://nvlpubs.nist.gov/nistpubs/Legacy/SP/nistspecialpublication800-146.pdf
358	•	NIST SP 1800-1, Securing Electronic Health Records on Mobile Devices,
359		https://csrc.nist.gov/publications/detail/sp/1800-1/final
360	Other F	Relevant Regulations, Standards, and Guidance (Healthcare/Medical Devices)
361	•	Department of Health and Human Services (HHS), "The HIPAA Privacy Rule,"
362		https://www.hhs.gov/hipaa/for-professionals/privacy/index.html
363	•	HHS, "The HIPAA Security Rule," <u>https://www.hhs.gov/hipaa/for-</u>
364		professionals/security/index.html
365	•	Department of Health and Human Services Office for Civil Rights, "HIPAA Security Rule
366		Crosswalk to NIST Cybersecurity Framework,"
367		https://www.hhs.gov/sites/default/files/nist-csf-to-hipaa-security-rule-crosswalk-02-22-2016-
368		<u>final.pdf</u>
369	•	Department of Homeland Security, National Cybersecurity and Communications Integration
370		Center, "Attack Surface: Healthcare and Public Health Sector,"
371		https://info.publicintelligence.net/NCCIC-MedicalDevices.pdf
372	•	NIST SP 800-66 Revision 1, An Introductory Resource Guide for Implementing the Health
373		Insurance Portability and Accountability Act (HIPAA) Security Rule,
374		http://nvlpubs.nist.gov/nistpubs/Legacy/SP/nistspecialpublication800-66r1.pdf

375 **5 SECURITY CONTROL MAP**

Table 5-1 maps the characteristics of the commercial products that the NCCoE will apply to this cybersecurity challenge to the applicable standards and best practices described in the *Framework for Improving Critical Infrastructure Cybersecurity*, and to other NIST activities. This exercise is meant to demonstrate the real-world applicability of standards and best practices but does not imply that products with these characteristics will meet an industry's requirements for regulatory approval or accreditation.

382 Table 5-1 Security Control Map

NIST Cybersecurity Framework v1.1				Sector-Specific Standards and Best Practices		
Function	Category	Subcategory	NIST SP 800-53 Revision 5	IEC TR 80001-2-2	HIPAA Security Rule	ISO/IEC 27001
IDENTIFY (ID)	Risk Assessment (ID.RA)	ID.RA-5: Threats, vulnerabilities, likelihoods, and impacts are used to determine risk	CA-2 CA-7 PM-16 PM-28 RA-2 RA-3	SGUD	45 C.F.R. §§ 164.308(a)(1)(ii)(A) 164.308(a)(1)(ii)(B) 164.308(a)(1)(ii)(D) 164.308(a)(7)(ii)(D) 164.308(a)(7)(ii)(E) 164.316(a)	A.12.6.1
PROTECT (PR)	Identity Management, Authentication and Access	PR.AC-1: Identities and credentials are issued, managed, verified, revoked, and audited for authorized devices, users and processes	IA-1 IA-2 IA-3 IA-4 IA-5 IA-7 IA-8 IA-9 IA-10 IA-11 IA-12	ALOF AUTH EMRG NAUT PAUT	45 C.F.R. §§ 164.308(a)(3)(ii)(B) 164.308(a)(3)(ii)(C) 164.308(a)(4)(i) 164.308(a)(4)(ii)(B) 164.308(a)(4)(ii)(C) 164.312(a)(2)(i)	A.9.2.1 A.9.2.2 A.9.2.3 A.9.2.4 A.9.2.6 A.9.3.1 A.9.4.2 A.9.4.3
	Control (PR.AC)	PR.AC-3: Remote access is managed	AC-1 AC-17 AC-19 AC-20 SC-15	ALOF AUTH CSUP EMRG NAUT PAUT	45 C.F.R. §§ 164.308(a)(4)(i) 164.308(b)(1) 164.308(b)(3) 164.310(b) 164.312(e)(1) 164.312(e)(2)(ii)	A.6.2.1 A.6.2.2 A.11.2.6 A.13.1.1 A.13.2.1

NIST Cybersecurity Framework v1.1				Sector-Specific Standards and Best Practices		
Function	Category	Subcategory	NIST SP 800-53 Revision 5	IEC TR 80001-2-2	HIPAA Security Rule	ISO/IEC 27001
		PR.AC-4: Access permissions and authorizations are managed, incorporating the principles of least privilege and separation of duties	AC-1 AC-2 AC-3 AC-5 AC-6 AC-14 AC-16 AC-24	ALOF AUTH CNFS EMRG NAUT PAUT	45 C.F.R. §§ 164.308(a)(3) 164.308(a)(4) 164.310(a)(2)(iii) 164.310(b) 164.312(a)(1) 164.312(a)(2)(i)	A.6.1.2 A.9.1.2 A.9.2.3 A.9.4.1 A.9.4.4 A.9.4.5
		PR.AC-5: Network integrity is protected (e.g., network segregation, network segmentation)	AC-4 AC-10 SC-7 SC-10 SC-20	MLDP NAUT	45 C.F.R. §§ 164.308(a)(4)(ii)(B) 164.310(a)(1) 164.310(b) 164.312(a)(1) 164.312(b) 164.312(c)	A.13.1.1 A.13.1.3 A.13.2.1 A.14.1.2 A.14.1.3
		PR.AC-6: Identities are proofed and bound to credentials and asserted in interactions	AC-16 IA-1 IA-2 IA-4 IA-5 IA-8 IA-12 PE-2 PS-3	AUTH CNFS EMRG NAUT PLOK SGUD	N/A	A.7.1.1 A.9.1.2

NIST Cybersecurity Framework v1.1				Sector-Specific Standards and Best Practices		
Function	Category	Subcategory	NIST SP 800-53 Revision 5	IEC TR 80001-2-2	HIPAA Security Rule	ISO/IEC 27001
		PR.AC-7: Users, devices, and other assets are authenticated (e.g., single-factor, multi-factor) commensurate with the risk of the transaction (e.g., individuals' security and privacy risks and other organizational risks)	AC-14 IA-1 IA-2 IA-3 IA-5 IA-8 IA-9 IA-10 IA-11	ALOF AUTH NAUT PAUT		A.9.2.1 A.9.2.4 A.9.3.1 A.9.4.2 A.9.4.3 A.18.1.4
	Data Security (PR.DS)	PR.DS-1: Data-at-rest is protected	MP-2 MP-3 MP-4 MP-5 MP-6 MP-7 MP-8 SC-28	IGAU MLDP NAUT SAHD STCF TXCF	45 C.F.R. §§ 164.308(a)(1)(ii)(D) 164.308(b)(1) 164.310(d) 164.312(a)(1) 164.312(a)(2)(iii) 164.312(a)(2)(iv)	A.8.2.3
	ι - <i>γ</i>	PR.DS-2: Data-in-transit is protected	SC-8 SC-11	IGAU NAUT STCF TXCF TXIG	45 C.F.R. §§ 164.308(b)(1) 164.308(b)(2) 164.312(e)(1) 164.312(e)(2)(i) 164.312(e)(2)(ii) 164.314(b)(2)(i)	A.8.2.3 A.13.1.1 A.13.2.1 A.13.2.3 A.14.1.2 A.14.1.3

	NIST Cy	bersecurity Framework v1.1	Sector-Spec	ific Standards and Best	Practices	
Function	Category	Subcategory	NIST SP 800-53 Revision 5	IEC TR 80001-2-2	HIPAA Security Rule	ISO/IEC 27001
		PR.DS-5: Protections against data leaks are implemented	AC-4 AC-5 AC-6 AU-13 PE-19 PS-6 SC-7 SI-4	AUTH IGAU MLDP PLOK STCF TXCF TXIG	45 C.F.R. §§ 164.308(a)(1)(ii)(D) 164.308(a)(3) 164.308(a)(4) 164.310(b) 164.310(c) 164.312(a)	A.6.1.2 A.7.1.1 A.7.1.2 A.7.3.1 A.8.2.2 A.8.2.3 A.9.1.1 A.9.1.2 A.9.2.3 A.9.4.1 A.9.4.4 A.9.4.5 A.10.1.1 A.11.1.4 A.11.1.5 A.11.2.1 A.13.1.1 A.13.1.3 A.13.2.1 A.13.2.3 A.13.2.4 A.14.1.2 A.14.1.3
		PR.DS-6: Integrity checking mechanisms are used to verify software, firmware, and information integrity	SI-7 SI-10	IGAU MLDP	45 C.F.R. §§ 164.308(a)(1)(ii)(D) 164.312(b) 164.312(c)(1) 164.312(c)(2) 164.312(e)(2)(i)	A.12.2.1 A.12.5.1 A.14.1.2 A.14.1.3 A.14.2.4

NIST Cybersecurity Framework v1.1				Sector-Specific Standards and Best Practices		
Function	Category	Subcategory	NIST SP 800-53 Revision 5	IEC TR 80001-2-2	HIPAA Security Rule	ISO/IEC 27001
		PR.PT-3: The principle of least functionality is incorporated by configuring systems to provide only essential capabilities	AC-3 CM-7	AUTH CNFS SAHD	45 C.F.R. §§ 164.308(a)(3) 164.308(a)(4) 164.310(a)(2)(iii) 164.310(b) 164.310(c) 164.312(a)(1)	A.9.1.2
	Protective Technology (PR.PT)	PR.PT-4: Communications and control networks are protected	AC-12 AC-17 AC-18 CP-8 SC-5 SC-7 SC-10 SC-11 SC-20 SC-21 SC-22 SC-23 SC-23 SC-31 SC-37 SC-38 SC-47	AUTH MLDP PAUT SAHD	45 C.F.R. §§ 164.308(a)(1)(ii)(D) 164.312(a)(1) 164.312(b) 164.312(e)	A.13.1.1 A.13.2.1 A.14.1.3
DETECT (DE)	Anomalies and Events (DE.AE)	DE.AE-1: A baseline of network operations and expected data	AC-4 CA-3 CM-2	CNFS CSUP MLDP	45 C.F.R. §§ 164.308(a)(1)(ii)(D) 164.312(b)	A.12.1.1 A.12.1.2

DRAFT

NIST Cybersecurity Framework v1.1				Sector-Spec	ific Standards and Best	Practices
Function	Category	Subcategory	NIST SP 800-53 Revision 5	IEC TR 80001-2-2	HIPAA Security Rule	ISO/IEC 27001
		flows for users and systems is established and managed	SC-16 SI-4			A.13.1.1 A.13.1.2

383 APPENDIX A REFERENCES

- P. Watrobski al., *Trusted Internet of Things (IoT) Device Network-Layer Onboarding and Lifecycle Management*, NCCoE Project Description, May 2021. Available:
 <u>https://www.nccoe.nist.gov/sites/default/files/library/project-descriptions/trusted-iot-network-device-project-description-final.pdf</u>.
 [2] L. Cawthra et al., Securing Teleboot/th Remete Rational Manitoring Ecocyctam National Institute of
- J. Cawthra et al., Securing Telehealth Remote Patient Monitoring Ecosystem National Institute of
 Standards and Technology (NIST) Special Publication (SP) 1800-30 Second Draft, Nov. 2020.
 Available: <u>https://www.nccoe.nist.gov/sites/default/files/library/sp1800/rpm-nist-sp1800-30-</u>
 <u>2nd-draft.pdf</u>.
- 392 [3] NIST. Defining IoT Cybersecurity Requirements: Draft Guidance for Federal Agencies and IoT
 393 Device Manufacturers (SP 800-213, NISTIRs 8259B/C/D), Dec. 2020. Available:
 394 https://csrc.nist.gov/news/2020/draft-guidance-for-defining-iot-cyber-requirements
- 395 [4] D. Dojchinovski et al., "Interactive home healthcare system with integrated voice assistant," *IEEE* 396 *Xplore*, July 11, 2019. Available: <u>https://ieeexplore.ieee.org/document/8756983</u>.
- T. Jadczyk et al., "Feasibility of a voice-enabled automated platform for medical data collection:
 CardioCube," *International Journal of Medical Informatics*, vol 129, September 2019, pp 388 –
 Available: <u>https://doi.org/10.1016/j.ijmedinf.2019.07.001</u>.
- 400 [6] Build Alexa Healthcare Skills Alexa Skills Kit Official Site (amazon.com). Available:
 401 <u>https://developer.amazon.com/en-US/alexa/alexa-skills-kit/get-deeper/custom-skills/healthcare-</u>
 402 skills.
- 403 [7] J. King, "Hear It from a Skill Builder: Alexa + Jenkins, Say Hello to Voice-Controlled CI/CD," Feb 22,
 404 2019. Available: <u>https://developer.amazon.com/blogs/alexa/post/465a7f49-a938-45ad-a6db-</u>
 405 5893317c4e3/hear-it-from-a-skill-builder-alexa-jenkins-say-hello-to-voice-controlled-ci-cd.
- 406 [8] M. Tamassia, "Manage databases through custom skills with Amazon Alexa and AWS Systems
 407 Manager," July 26, 2019. Available: <u>https://aws.amazon.com/blogs/database/manage-databases-</u>
 408 <u>through-custom-skills-with-amazon-alexa-and-aws-systems-manager/</u>.
- 409 [9] G. Stafford, "Building Asynchronous, Serverless Alexa Skills with AWS Lambda, DynamoDB, S3,
 410 and Node.js," July 24, 2018. Available:
- 411 <u>https://programmaticponderings.com/2018/07/24/building-asynchronous-serverless-alexa-skills-</u>
 412 <u>with-aws-lambda-dynamodb-s3-and-node-js/</u>.
- 413 [10] Google Assistant/Conversational Actions/ Dialogflow and legacy Actions SDK. Available:
 414 <u>https://developers.google.com/assistant/conversational/df-asdk/overview</u>.
- 415 [11] Pillo for Remote Health. Available: <u>https://pillohealth.com/remote-health</u>.

DRAFT

416 APPENDIX B ACRONYMS AND ABBREVIATIONS

DE	Detect
DSL	Digital Subscriber Line
EHR	Electronic Health Record system
FIPS	Federal Information Processing Standards
HDO	Healthcare Delivery Organization
HHS	Health and Human Services
ID	Identify
IEC	International Electrotechnical Commission
ΙοΤ	Internet of Things
ISO	International Organization for Standardization
LTE	Long Term Evolution
NCCoE	National Cybersecurity Center of Excellence
NIST	National Institute of Standards and Technology
PR	Protect
SP	Special Publication
VPN	Virtual Private Network