

Healthcare Community of Interest Project Update

Wednesday, October 26th, 2022

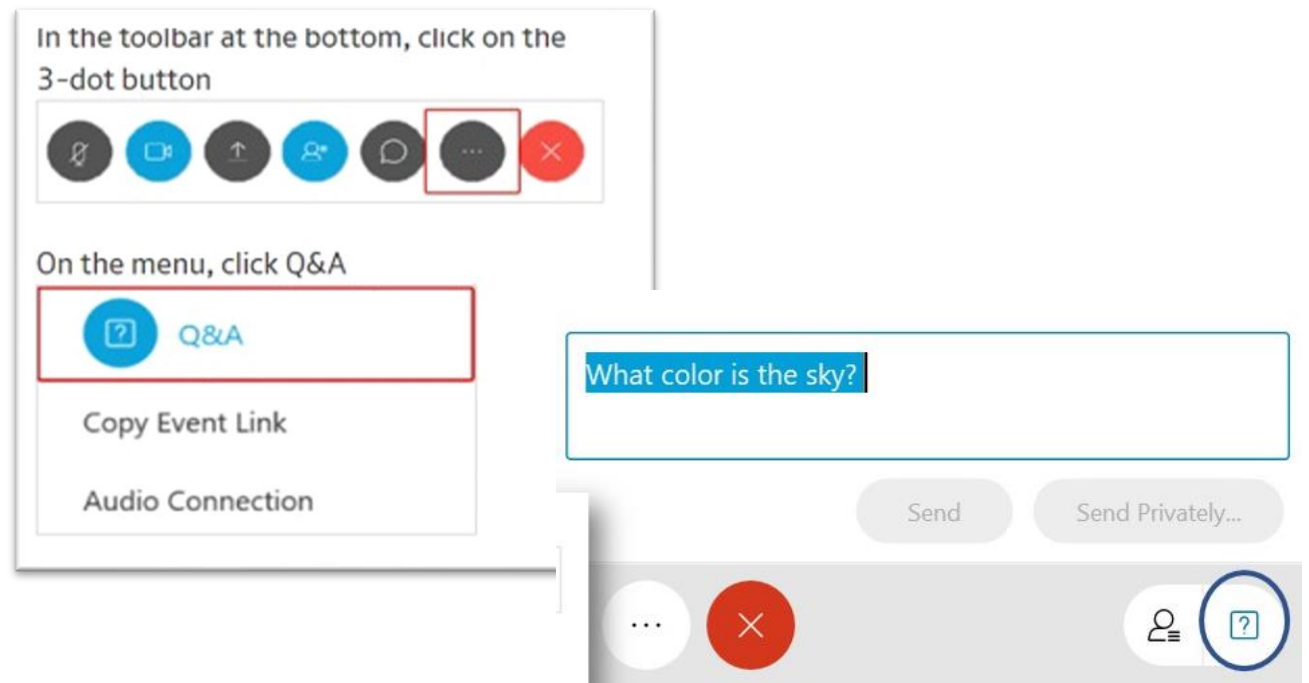


This meeting is being recorded

Audience Engagement

Please use the Q&A window to enter your questions for today's event.

1. On the right side, click on Q&A header to open the Q&A panel.
2. Type your question in the box, along with your name and organization.
3. Click **send**.
4. We will answer as many questions as we are able during the Q&A session.



Agenda

- ❑ NCCoE Overview
- ❑ Smart Home Integration Project Description
- ❑ Project Status, Approach & Collaboration Opportunities
- ❑ NCCoE Healthcare Highlights and Plans
- ❑ Q&A Discussion
- ❑ Closing

Who We Are

As part of the NIST family, the NCCoE has access to a foundation of **expertise, resources, relationships, and experience**

Information Technology Laboratory

Applied Cybersecurity Division



Meet the NCCoE Healthcare Team

NCCoE/NIST



Ronald Pulivarti
Healthcare Program Manager



Nakia Grayson
IT Security Specialist

NCCoE/MITRE



Sue Wang
Healthcare Technical Lead



Bronwyn Hodges
Cybersecurity Engineer



Kevin Littlefield
Cybersecurity Researcher



Chris Peloquin
Cybersecurity Engineer



Jeremy Miller
Privacy Architect



Julie Snyder
National Cybersecurity
FFRDC Privacy Lead



Thomas Walters
O&E Specialist



Ryan Williams
Cybersecurity Engineer

NCCoE Principles



Standards-based

Apply relevant industry standards to each security implementation; demonstrate example solutions for new standards



Modular

Develop components that can be easily substituted with alternates that offer equivalent input-output specifications



Repeatable

Provide detailed guidance including a reference design, list of components, configuration files, relevant code, diagrams, tutorials, and instructions to enable system admins to recreate the example solution and achieve the same results



Commercially available

Work with the technology community to identify commercially available products that can be brought together in example solutions to address challenges identified by industry



Usable

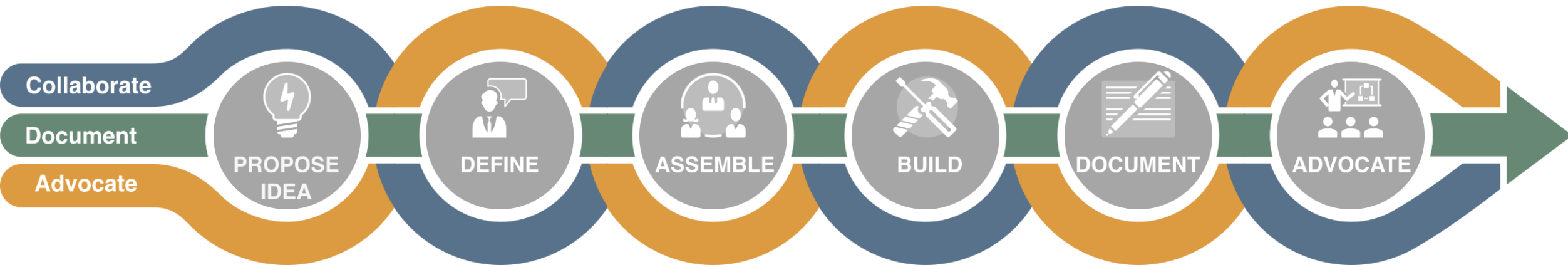
Design blueprints that end users can easily and cost-effectively adopt and integrate into their businesses without disrupting day-to-day operations



Open and transparent

Use open and transparent processes to complete work; seek and incorporate public comments on NCCoE publications

Our Approach



Define a scope of work with industry to solve a pressing cybersecurity challenge

Assemble teams to address all aspects of the cybersecurity challenge

Build a practical, usable, repeatable implementation to address the cybersecurity challenge

SP 1800 Series: Cybersecurity Practice Guides

Volume A: Executive Summary

- High-level overview of the project, including summaries of the challenge, solution, and benefits

Volume B: Approach, Architecture, and Security Characteristics

- Deep dive into challenge and solution, including approach, architecture, and security mapping to the Cybersecurity Framework and other relevant standards

Volume C: How-To Guide

- Detailed instructions on how to implement the solution, including components, installation, configuration, operation, and maintenance

Function	Subcategory	SP800-53R4	IEC TR 80001-2-2	HIPAA Security Rule 45	ISO/IEC 27001:2013
IDENTIFY (ID)	ID.AM-1: Physical devices and systems within the organization are inventoried	CM-8	CNFS	C.F.R. §§ 164.308(a)(1)(ii)(A), 164.310(a)(2)(ii), 164.310(d)	A.8.1.1, A.8.1.2
	ID.AM-5: Resources (e.g., hardware, devices, data, time, and software) are prioritized based on their classification, criticality, and business value	CP-2, RA-2, SA-14	DTBK	C.F.R. §§ 164.308(a)(7)(ii)(E)	A.8.2.1
PROTECT (PR)	PR.DS-1: Data-at-rest is protected	SC-28	IGAU, STCF	C.F.R. §§ 164.308(a)(1)(ii)(D), 164.308(b)(1), 164.310(d), 164.312(a)(1), 164.312(a)(2)(iii), 164.312(a)(2)(iv), 164.312(b), 164.312(c), 164.314(b)(2)(i), 164.312(d)	A.8.2.3
	PR.DS-2: Data-in-transit is protected	SC-8	IGAU, TXCF	C.F.R. §§ 164.308(b)(1), 164.308(b)(2), 164.312(e)(1), 164.312(e)(2)(i), 164.312(e)(2)(ii), 164.314(b)(2)(i)	A.8.2.3, A.13.1.1, A.13.2.1, A.13.2.3, A.14.1.2, A.14.1.3
DETECT (DE)	DE.AE-1: A baseline of network operations and expected data flows for users and systems is established and managed	AC-4, CA-3, CM-2, SI-4	AUTH, CNFS	C.F.R. §§ 164.308(a)(1)(ii)(D), 164.312(b)	none
	DE.CM-1: The network is monitored to detect potential cybersecurity events	AC-2, AU-12, CA-7, CM-3, SC-5, SC-7, SI-4	AUTH, CNFS, EMRG, MLDP	C.F.R. §§ 164.308(a)(1)(ii)(D), 164.308(a)(5)(ii)(B), 164.308(a)(5)(ii)(C), 164.308(a)(8), 164.312(b), 164.312(e)(2)(i)	none

NCCoE Healthcare Portfolio

NIST SP 1800-1: Securing Electronic Health Records on Mobile Devices

NIST SP 1800-8: Securing Wireless Infusion Pumps (WIP) in Healthcare Delivery Organizations

WIP DEMO VIDEO: https://youtu.be/5XMILRdx_AE

NIST SP 1800-24: Securing Picture Archiving and Communications Systems

Interactive Practice Guide: <https://www.nccoe.nist.gov/publication/1800-24-ipg/>

NIST SP 1800-30: Securing Telehealth Remote Patient Monitoring Ecosystem

NIST SP 1800-xx: Mitigating Cybersecurity Risk in Telehealth Smart Home Integration (SHI) ← **Current Project**



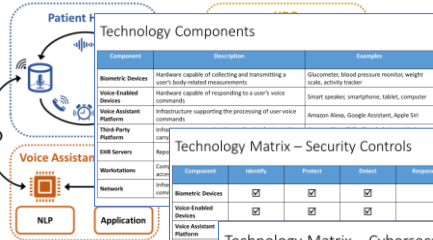
Project Description Overview

Mitigating Cybersecurity Risk in Telehealth Smart Home Integration (SHI)

<https://www.nccoe.nist.gov/sites/default/files/2022-08/hit-shi-project-description-final.pdf>

A Journey of Final Project Description (SHI)

Reference Architecture



Component	Description	Examples
Biometric Devices	Hardware capable of collecting and transmitting a user's body-related measurements	Glucosens, blood pressure monitors, weight scale, activity tracker
Voice-Enabled Devices	Hardware capable of responding to a user's voice commands	Smart speakers, smartphones, tablets, computer
Voice Assistant Platforms	Infrastructure supporting the processing of user voice commands	Amazon Alexa, Google Assistant, Apple Siri

Component	Identify	Protect	Detect	Respond	Recover
Biometric Devices	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Voice-Enabled Devices	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Voice Assistant Platforms	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Third-Party Platforms	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Workstations	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Network	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		

Component	Identify	Protect	Detect	Respond	Recover
Biometric Devices	Asset Management	Identify and Access Management	Patch Management		
Voice-Enabled Devices	Asset Management	Identify and Access Management	Patch Management		
Voice Assistant Platforms	Asset Management	Identify and Access Management	Mitigation	Secure Recovery	
Third-Party Platforms	Asset Management	Identify and Access Management			
Workstations	Asset Management	Identify and Access Management			
Network	Asset Management	Identify and Access Management			

Securing Telehealth – Smart Home Integration
Applied Use of Virtual/Voice Assistants in Healthcare
Standards Research Report

MAY 25 2022

WORKSHOP
NCCoE Virtual Workshop on Telehealth Smart Home Integration
May 25, 2022

Project Idea : Telehealth: Smart Home Integration
Robert Heuser, Janelle Casella, Dan August 2020
What problems are we solving?
Expanding on the NCCoE Healthcare and Internet of Things (IoT) expertise, this project would investigate the use of smart speakers in healthcare. Devices such as smart speakers have become commonplace in homes and serve as general gatekeepers to a range of services including researching health information, interacting with healthcare patient portals to schedule visits, extending on-demand patient visits, and setting reminders for healthcare regimens. This project would assess and address the cybersecurity and privacy concerns in this setting.
What is new in this approach?
The NCCoE has explored telehealth Remote Patient Monitoring (RPM), environments managed by a Health Delivery Organization (HDO). This project would focus on applications that are installed by patients. Like RPM, Smart Home Integration assesses components that are available to the patient home. The practice guide focuses on RPM primarily to the patient.
NCCoE would have the opportunity to deploy an electronic health record (EHR) system or patient portal, which can be used as a foundation for additional future healthcare projects.

Impact
This practice guide would directly empower patients with the knowledge of how to securely use smart speakers as part of managing their healthcare.
The Health Delivery Organization (HDO) would benefit from the representation of common controls that include authentication methods for smart speaker devices to patient portals.

Risks
Difficult to deploy controls
Limitations based on electronic health record system vendor would need to record an EHR vendor.
Resources Needed
FRAC3 support & lab environment for smart speakers
Active participation from solutions and technical healthcare subject matter expertise

Conduct research and assessments in Industry, Technology, Standards, COI, etc.

Initial research & proposal of new project idea

Publish draft PD & adjudicate public comments

Conduct more research based on feedback, work with various NIST groups, and host an Industry workshop

Incorporate feedback and publish final PD

HDO	Clinical Use Case Examples	Technologies/Products					
		Aiva	Amazon Alexa	Amazon Comprehend Medical	Google Assistant	Omron Healthcare	Orbita
Boston Children's Hospital	Application 1: perfect for in-home health Application 4: in the patient room	X	X	?	X?		
Cedars-Sinai	Application 4: in the patient room	X	X	?	X?		
Mayo Clinic	Application 1: perfect for in-home health		X	?			
Providence St. Joseph Health (PSJH)	Application 1: perfect for in-home health		X				
Thrive Senior Living	Application 1: perfect for in-home health Application 4: in the patient room	X	X	?	X?		

MITIGATING CYBERSECURITY RISK IN TELEHEALTH SMART HOME INTEGRATION
Cybersecurity for the Healthcare Sector

Nakia Grayson
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National Cybersecurity Center of Excellence
National Institute of Standards and Technology

Bronwyn Hodges
Kevin Littlefield
Jeremy Miller
Julie Snyder
Sue Wang
Ryan Williams
The MITRE Corporation

August 2022
<http://nccoe@nist.gov>
This revision incorporates comments from the public.

NIST NATIONAL CYBERSECURITY CENTER OF EXCELLENCE

FEDERAL REGISTER
The Daily Journal of the United States Government

NATIONAL ARCHIVES

SHI Project Description (PD): Overview

PROJECT DESCRIPTION

MITIGATING CYBERSECURITY RISK IN TELEHEALTH SMART HOME INTEGRATION

Cybersecurity for the Healthcare Sector

Nakia Grayson
Ronald Pulivarti

National Cybersecurity Center of Excellence
National Institute of Standards and Technology

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Kevin Littlefield
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Julie Snyder
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The MITRE Corporation

August 2022
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This revision incorporates comments from the public.



Executive Summary

Purpose.....

Scope

Assumptions/Challenges

Background.....

Scenarios

Scenario 1: Patient Visit Scheduling

Scenario 2: Patient Prescription Refill

Scenario 3: Patient Regimen Check-In

High-Level Architecture

Component List

Components for Patient Home Environment

Components for Cloud Service Provider Environment

Components for Healthcare Technology Integration Solution

Components for HDO Environment

Telehealth Ecosystem Actors

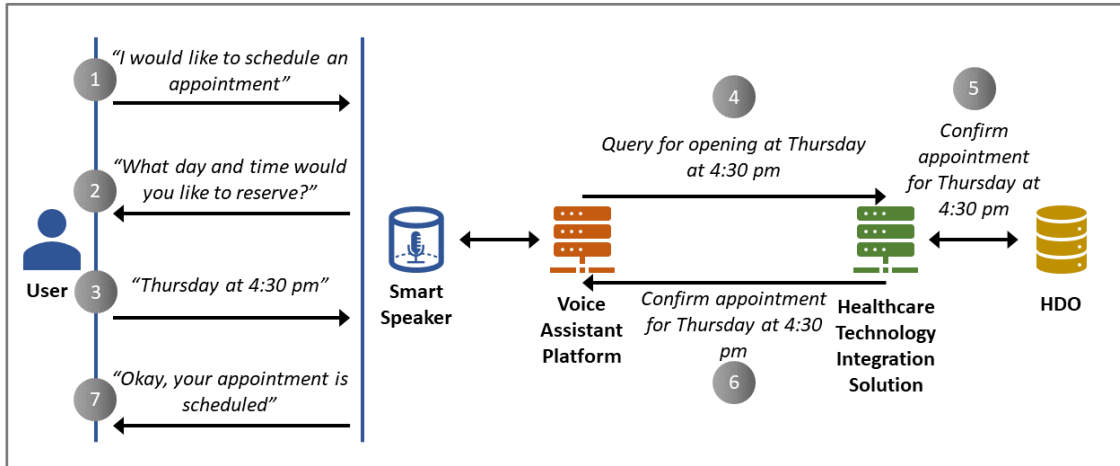
Desired Requirements

Relevant Standards and Guidance.....

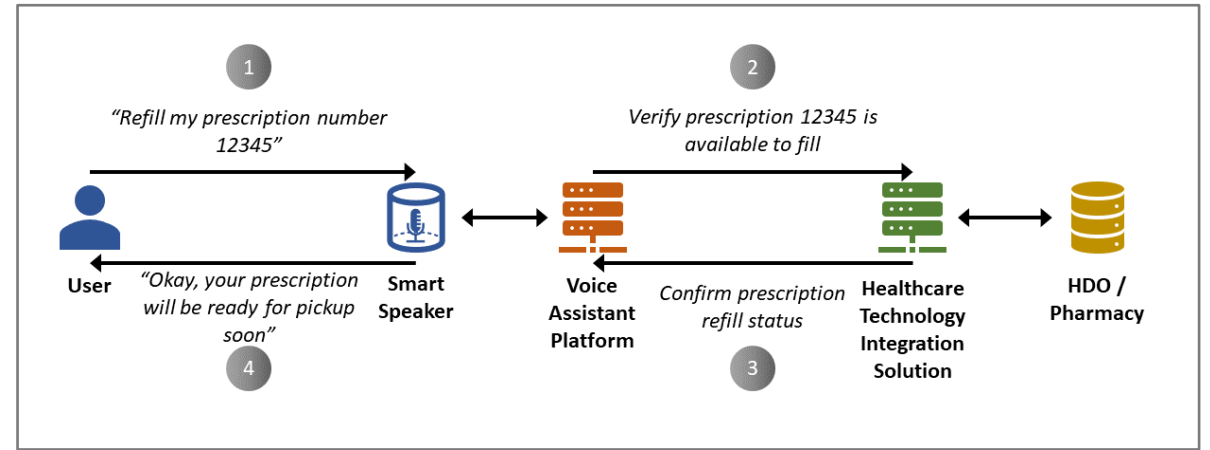


SHI PD: Scenarios

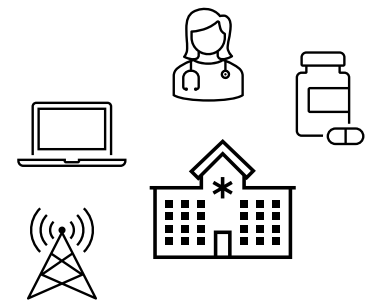
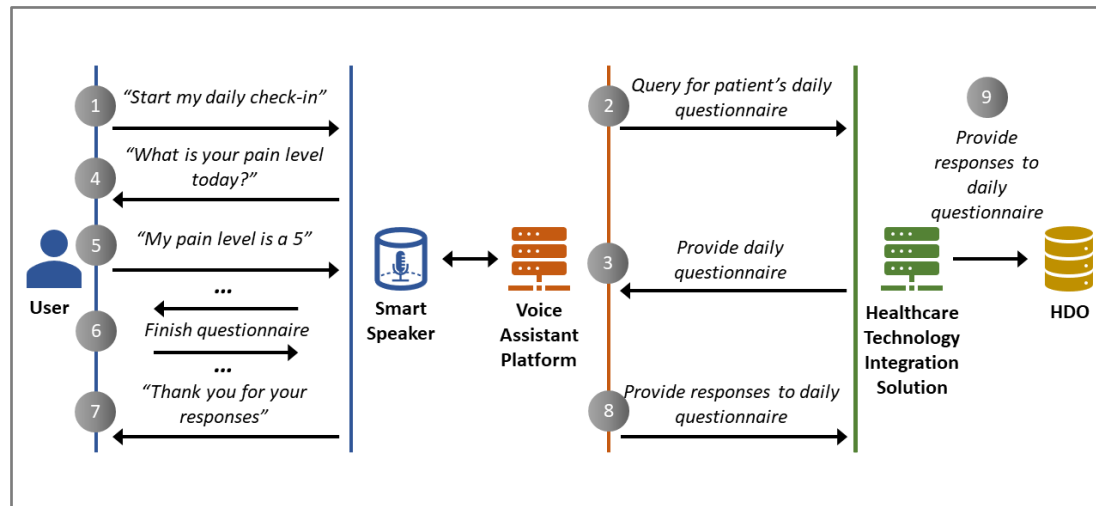
Scenario 1: Patient Visit Scheduling



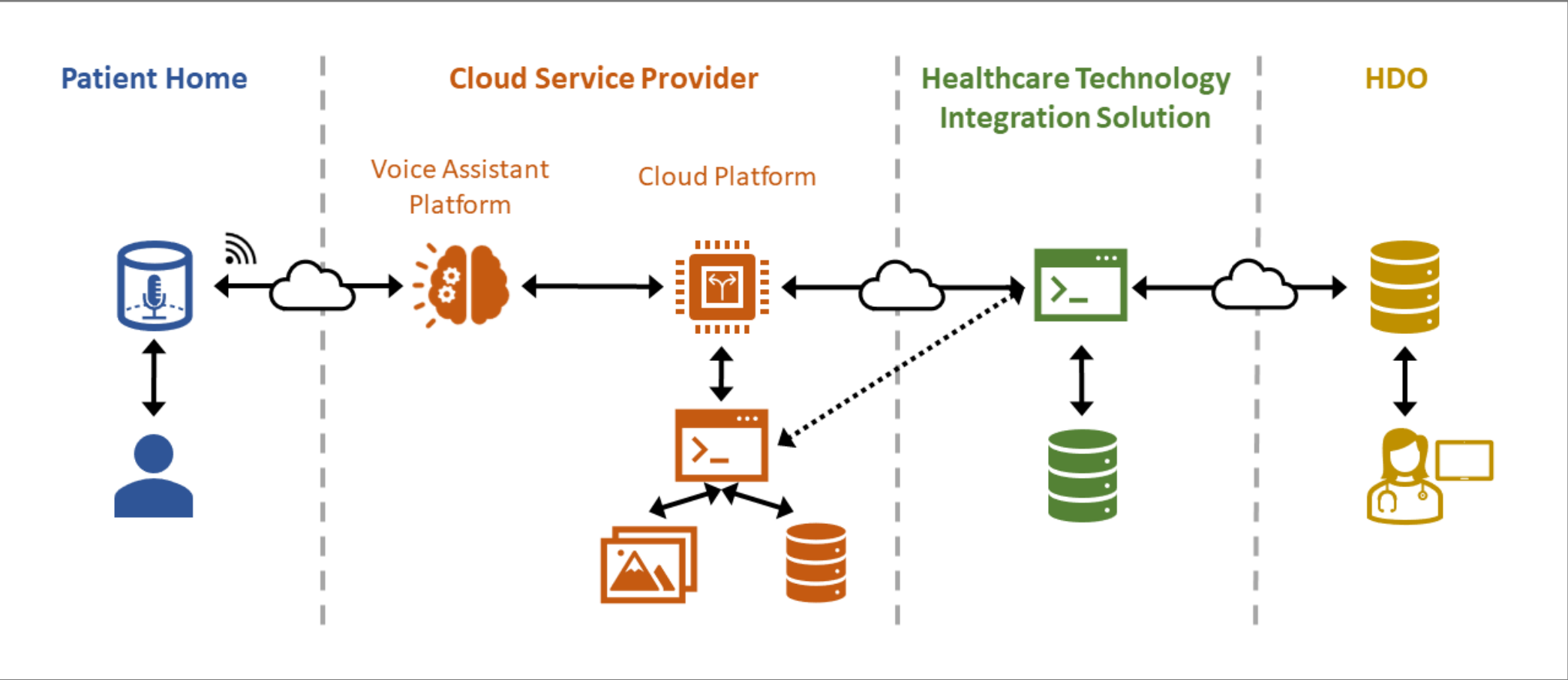
Scenario 2: Patient Prescription Refill



Scenario 3: Patient Regimen Check-In



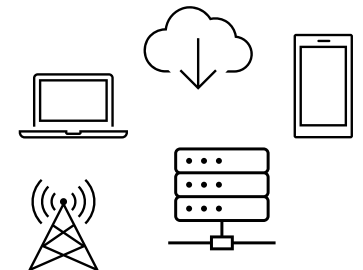
SHI PD: High-Level Architecture



SHI PD: Component List

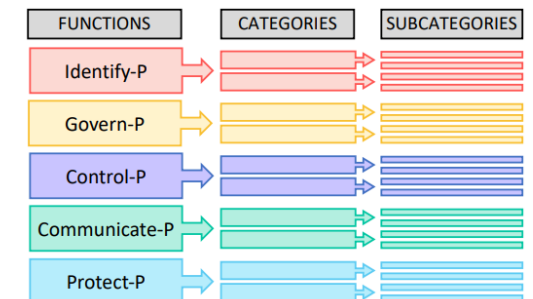
- Patient Home Environment
 - smart home devices
 - personal firewall
 - wireless access point router
 - internet router
- Cloud Service Provider Environment
 - voice assist platform
 - cloud platform

- Healthcare Technology Integration Solution
 - telehealth integration applications
- HDO Environment
 - electronic health record (EHR) system
 - patient portal
 - network access control
 - network firewall
 - VPN



SHI PD: Desired Security and Privacy Capabilities

- IDENTIFY (ID and ID-P)
 - Risk Assessment (ID-RA; ID-RA-P)
- CONTROL (CT-P)
 - Data Processing Management (CT.DM-P)
 - Disassociated Processing (CT.DP-P)
- COMMUNICATE (CM-P)
 - Data Processing Awareness (CM.AW-P)
- PROTECT (PR and PR-P)
 - Identity Management, Authentication, and Access Control (PR.AC; PR.AC-P)
 - Data Security (PR.DS; PR.DS-P)
- DETECT (DE)
 - Anomaly and Event Detection (DE.AE)



Project Status, Approach, & Collaboration Opportunities

Mitigating Cybersecurity Risk in
Telehealth Smart Home Integration (SHI)

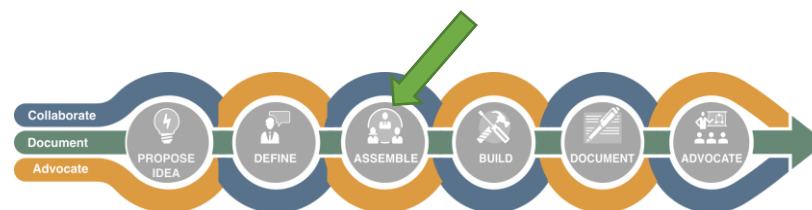
Collaboration Opportunities: “Assemble” Phase



For Interested Parties

- Review the SHI PD and Federal Register Notice (to be published soon)
- Request Letter of Interest (LOI) and express what capabilities you can bring to the project
- Selected technology collaborators will have to sign Cooperative Research and Development Agreement (CRADA) with NIST

(Example CRADA can be accessed at <https://nccoe.nist.gov/library/nccoe-consortium-crada-example>)



Collaboration Opportunities: “Build” & “Document” Phases



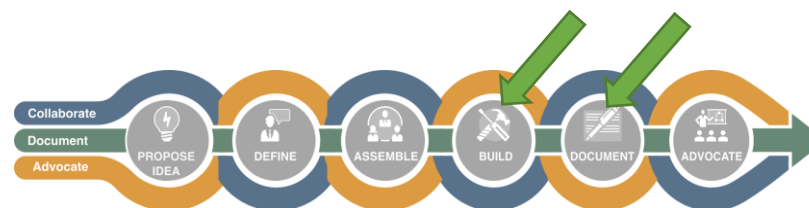
For CRADA Collaborators

- Provide contributions stated in the LOI – Reference architecture built in Rockville, MD
- Provide assistance, as needed, to install and configure technology
- Provide assistance, as needed, to integrate technologies amongst collaborators
- Assist drafting the mapping tables for your specific technology (NIST Cybersecurity Framework, Privacy Framework)
- Assist drafting your section of volume C specific to your technology
- Review all parts of NIST SP 1800-xx specific to your technology



For All COI Members

- Participate in all COI related events
- Review the draft NIST SP 1800-xx and provide comments as requested
- Provide expertise
- Share security and privacy concerns
- Suggest new project ideas



Collaboration Opportunities: “Advocate” Phase

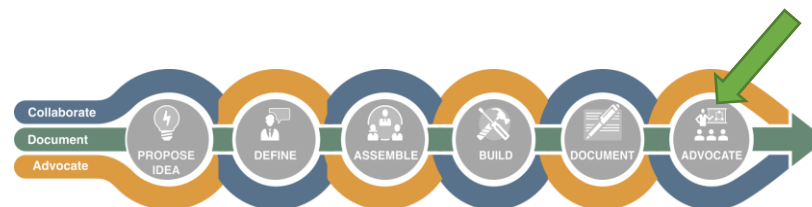


For CRADA Collaborators

- Participate in speaking engagement opportunities with the NCCoE team
- Share the publication with additional cybersecurity professionals
- Adopt NCCoE cybersecurity guidance

For All COI Members

- Engage with the NCCoE team at events and conferences
- Provide feedback on potential project ideas
- Participate in NCCoE webinars
- Adopt NCCoE cybersecurity guidance



NCCoE Healthcare Highlights and Plans

FY-22 Highlights

- **Published** Final NIST SP 1800-30, Securing Remote Patient Monitoring Ecosystem (February 2022)
- **Published** the Final Project Description: Mitigating Cybersecurity Risk in Telehealth Smart Home Integration (August 2022)
- **Presented** NCCoE Healthcare work at:
 - HIMSS Global Health Conference & Exhibition (March 2022)
 - AAMI Exchange Conference (June 2022)
 - And many more...
- **Hosted** a Virtual Workshop to discuss the Mitigating Cybersecurity Risk in Telehealth SHI Project Description (May 2022)
 - Gathered insight from HDOs and technology providers on using smart home devices as part of a telehealth solution
- **Continued** to provide guidance to Health Delivery Organizations



FY-23 Plans

- **Form** the build team for the Telehealth Smart Home Integration Project.
- **Continue** ongoing efforts for the Telehealth Smart Home Integration Project through all stages of the NCCoE project lifecycle.
- **Publish** a draft practice guide for the Telehealth Smart Home Integration Project.
- **Continue** to explore initiatives that improve the healthcare cybersecurity landscape.
- **Present** at conferences and events to advocate NCCoE healthcare projects.



Q&A Discussion



Closing



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